

DAISEN-OKI NATIONAL PARK

Mt. Mitoku

Japan Heritage
Mt. Mitoku

Pilgrimage trail and Fire Ceremony



You can experience the traditional ceremony that is held once a year at the Sanbutsuji Temple !

October, 28th Sunday 9:30-15:00

Meet at Mitoku-en (981-1 Mitoku, Misasa-town Tottori)

Free picking service is available at Yonago or Matsue Station

- Fee: 1200yen (Insurance and Mountain entrance fee)
- What to bring: Long sleeves, long pants, gloves, rain ware, backpack, light meal, water

9:30-12:30 Trekking on the Pilgrimage trail

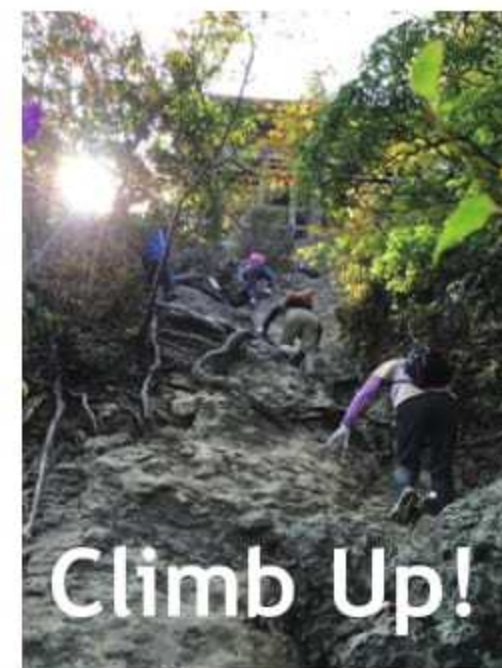
Experience Shugendo on the pilgrimage trail to Nageire-do Hall while passing through some temples

12:30-13:00 Lunch

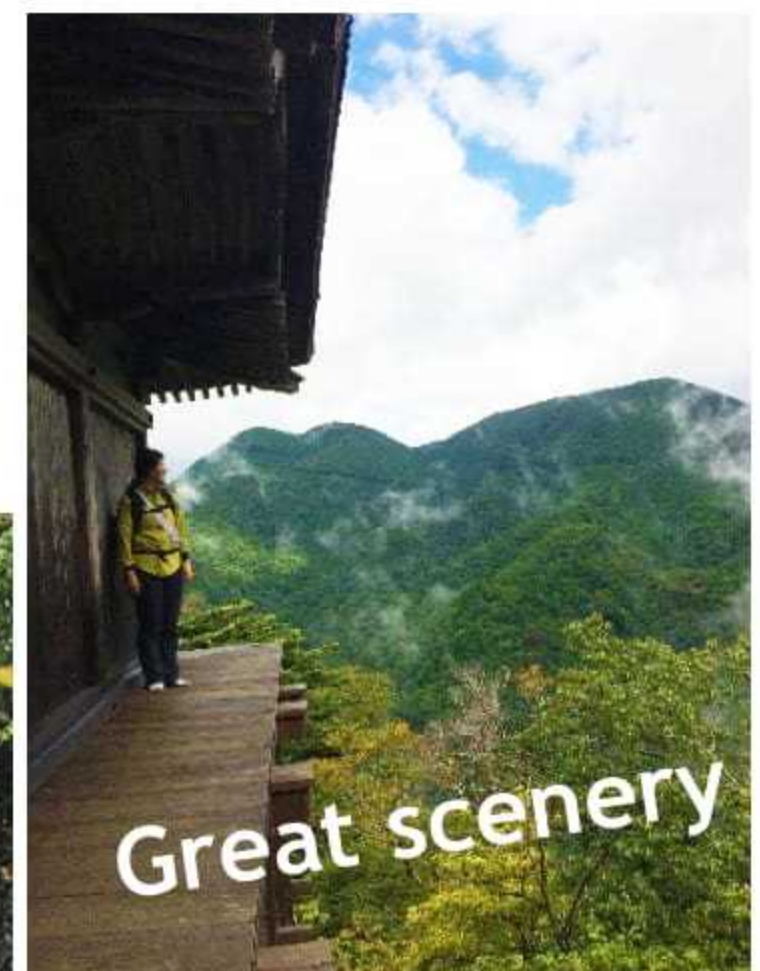
Shops sell some food but please bring light meal in case.

13:00-15:00 Fire Ceremony

Walking on fire with bare feet! (Fee: 600yen)



Climb Up!



Great scenery



Waraji sandals are sold at the registration office.

NOTICE

This pilgrimage trail is some challenging and even dangerous climbing. Remember to be equipped with necessary outfit including long sleeves, trekking shoes. Waraji sandals are highly recommended.