

# Daisen-Oki National park Mt.Sanbe

## Track animal's footprints with cross-country skiing



Whose footprints are these?

**9th February , 2019 10:15-14:50**

**\*It is going to be rescheduled on 16th Feb if weather is bad condition or no snow.**

**Meet at Kita-no-hara campground of Mt.sanbe** (1121-1 Tane,Sanbe-cho,Ohda-shi,Shimane)

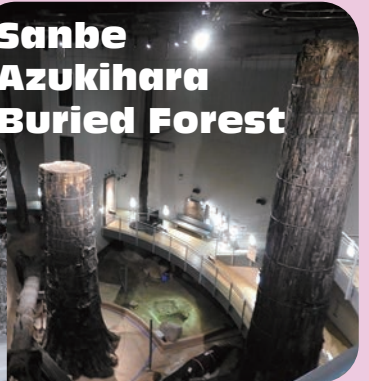
**Free Picking service available at Matsue station.**

You can enjoy exploring by Cross-country skiing with guides at the foot of snowy Mt.Sanbe. Footprints or some traces of animals would be found. We are going to practice cross-country skiing before exploring. So you do not need to worry about it, if you have no experience of it. Anybody can enjoy it!!

**Looking for FootPrints**



**Sanbe Azukihara Buried Forest**



After Cross-country skiing, we are going to have a lunch at Sanbe Burger. Enjoy the meals which are cooked with ingredients made in Shimane pref. In the afternoon, we are going to visit museums, Shimane Nature Museum of Mt.sanbe and Sanbe Azukihara Buried Forest. You can learn the history, animals, nature about around Mt.sanbe.

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**Free Picking service available at Matsue station (Meeting Time is 8:10am).**

Fee: Adult1,450 yen, Child (High school student or under) 1,150 yen (Ski gear rental + Insurance + Entrance fee of Museums)

\*Lunch fee is excluded, Order and pay by your own.

Eligible for joining: Non-Japanese who living in San' in region and their family.

What to bring: Thick winter clothes (Ski ware or Rain ware), gloves, cap, two couples of socks, water etc.

### **10:15-12:00 Cross-country skiing**

Experience of Cross-country skiing with Animal tracking

\*If you have not fit Shoes Size (under 19cm or over 28cm) it will change Cross-country skiing to Snow shoeing or Sleigh (for Kids).

### **12:00-13:00 Lunch at Sanbe Burger**

Enjoy lunch time at Sanbe Burger which offers quality hamburgers cooked meticulously with the fresh ingredients made in Shimane Prefecture.

You will order and pay by your own. (Vegetarian meal is available).

### **13:00-14:30 Visit Shimane Nature Museum of Mt.Sanbe and Sanbe Azukihara Buried Forest**

Shimane Nature Museum of Mt.sanbe is a museum that shows nature and the environment around this area. You can learn about animals which can be found through this event.

After that, we are going to The Sanbe Azukihara Buried Forest Park where has a mysterious forest that buried in the underground from 4,000years ago. This forest had been buried as the result of Mt.Sanbe' s volcanic eruption and some of them were found in 1998. In the exhibition area you can observe closely some trees remain standing in the original states.

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### **Apply Us!!**

Please apply via E-mail , TEL or FAX with detail of you and participants by 31st January.

- name
- date of birth
- nationality
- gender
- adress
- phone number
- your heighth
- your shoes size(centimeter)
- whether you need picking service or not.

**Ministry of the Environment**  
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